Study programme: Programme for educating pre-school teachers in pre-school institutions

Type and level of studies: undergraduate vocational studies | Year III, Semester VI

Course Title: CORRECTIVE GAMES

Instructor: prof. Radiša R. Ratković, PhD

Course Status: elective

ECTS: 2

Requirements:

Course objectives:

Training students for monitoring and controlling growth and development; introducing students to the basics of corrective gymnastics, and applying corrective exercises

Course outcomes:

Students will get acquainted with theoretical, practical, scientific and professional information through modern methodological procedures; they will apply modern methodical procedures in their professional and pedagogical work with children of pre-school age

Course contents:

Theory

Corrective gymnastics, definition, concept, goals and tasks. Kinesiotherapy, term objectives, tasks. Basic biochemical concepts (focus, balance, leverage, muscle working). Spine column, as the basis for normal body restraint (spinal column, normal curve, regularity of development). Correct and incorrect posture. Deformity of the spinal column (kyphosis, scoliosis, lordosis). Deformities of the chest, legs and feet

Practice: tutorials, other forms of instruction, study research

Means of kinesiotherapy. Methods of estimating bad body position. Methods of examination and determination of physical defects. Prevention of poor body position. Remedies for certain deformities (spinal column, chest, leg)

Reading list:

Bala, G .: Measurement and definition of motor skills of children, Novi Sad, Faculty of Sport and Physical Education in Novi Sad, 2007.

Ivanic S.: Methodology for monitoring physical development and physical abilities of children and youth in Belgrade, 1996 .

Ivanović, M .: Physical development of preschool children , Valjevo, Print - Valjevo 2008.

Koturović, Lj. I Jerijević, D .: Corrective gymnastics, mis sport , Belgrade, 1979.

Ugarković, D .: Biology of Human Development with the Basics of Sports Medicine, Faculty of Physical Culture, Belgrade, 1996.

Ulić, D .: Fundamentals of kinesitherapy , Independent Edition, Novi Sad, 1997.

Ratković, R .: Physical education of the youngest through pictures and words , College of professional studies for pre-school teachers, Pirot, 2011.

Classes per Week:				Other classes
Lectures:1	Tutorials:1	Other forms of instruction:	Study research:	

Teaching methods:

Monologue, dialogue, practical exercises, demonstration

Assessment (maximum number of points 100)

Pre-exam obligations	**Points**	**Exam**	**Points**
Activity during lectures	10	Written exam	
Practical instruction	40	Oral exam	30
Revision test		Practice exam	20
Seminar paper			