

<b>Study programme:</b> Programme for educating pre-school teachers in pre-school institutions			
<b>Type and level of studies:</b> undergraduate vocational studies		Year II, Semester IV	
<b>Course Title:</b> METHODOLOGY OF PHYSICAL EDUCATION 1			
<b>Instructor:</b> <a href="#">prof. Radiša R. Ratković, PhD</a>			
<b>Course Status:</b> mandatory			
<b>ECTS:</b> 4			
<b>Requirements:</b> one needs to pass exam in <u>Methodology of Educational Work</u>			
<b>Course objectives:</b> Training students to form an adequate professional attitude towards physical education and ensure a full understanding of its role and importance in the psycho-physical development of children; using the necessary knowledge for realization of activities from physical education in preschool institutions.			
<b>Course outcomes:</b> Students will acquire the necessary theoretical and methodical knowledge in the field of physical education; they will realize the activities from the lectures of physical education.			
<b>Course contents:</b> <i>Theory</i> Methodology of physical education - definition, concept and thematic area; interpretation of basic concepts in the field of physical culture and physical education (physical culture, physical education, physical education, physical exercise, game, sport, gymnastics, motor skills (psychophysical), functional abilities, anthropological characteristics, motor skills, skills and habits, technique, style, tactics, etc.); historical development of physical culture and physical education; the place and role of physical culture in the system of science; the place and role of physical culture in the phylogenetic and ontogenetic development of a man; place, role and goal of physical education activities with particular reference to its place and role in the psycho-physical development of the child; general bio-psycho-social characteristics of children aged 3 to 7; the basics of functional anatomy and physiology of exercise; biomechanical basics of moving action (locomotion); the structure of physical education activities; type of activity; forms of work; methods; means of physical education; types of strain on physical education activities, etc. <i>Practice: tutorials, other forms of instruction, study research</i> Acquisition of motor skills, skill and habits through natural forms of movement, body shape exercises, exercises with requisites, gymnastic elements, folk dances, pedagogical games, mobile games, constructive games, directed motor activities, etc.			
<b>Reading list:</b> Kamenov, E.: Osnova programa vaspitno-obrazovnog rada sa predškolskom decom, Filozofski fakultet, Novi Sad i Zajednica viših škola za obrazovanje vaspitača, Beograd, 1995. Kamenov, E.: Metodika I, II, III, Odsek za pedagogiju Filozofskog fakulteta, Novi Sad i Republička zajednica viših škola za obrazovanje vaspitača, Beograd, 1997. Milanović, L.J., Stamatović, M.: Teorija i metodika fizičkog vaspitanja (za vaspitače), Učiteljski fakultet, Užice, 2006. Ratković, R.: Metodika fizičkog vaspitanja za studente visokih strukovnih škola za obrazovanje vaspitača, Narodna biblioteka Arilje i Visoka strukovna škola za obrazovanje vaspitača, Pirot, 2009. Ratković, R.: Telesno vaspitanje najmlađih kroz slike i reči, Visoka strukovna škola za obrazovanje vaspitača, Pirot, 2011			
<b>Classes per Week:</b>			Other classes
Lectures:2	Tutorials:1	Other forms of instruction: Study research:	
<b>Teaching methods:</b> monologue, dialogue, practical exercises, demonstration			
<b>Assessment (maximum number of points 100)</b>			
<b>Pre-exam obligations</b>	<b>Points</b>	<b>Exam</b>	<b>Points</b>
Activity during lectures	10	Written exam	
Practical instruction	20	Oral exam	30
Revision test	20	Practice exam	20
Seminar paper			